



# Eat This Sermon

Spend some time together sharing evidences of God's grace from this past week, which means, identify and share the ways that you've observed God graciously at work in your lives. If anyone in your group has not shared their story of faith, invite 1-2 individuals to do that tonight. A helpful approach to sharing a testimony is to focus on life before Jesus, meeting Jesus, and life since coming to saving faith in Jesus.

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## OPENING COMMENT

The crowd that had been following Jesus were getting progressively more disturbed by what He was saying, culminating in many of them turning away when Jesus declared, "unless you eat the flesh of the Son of Man and drink his blood, you have no life in you." What do you do with the hard sayings of Jesus? And could it be that His words and actions are far more wonderful than you could ever imagine?

What stood out to you from Sunday's sermon?

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## READ THE TEXT: John 6:52-71

<sup>52</sup>The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" <sup>53</sup>So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup>Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. <sup>55</sup>For my flesh is true food, and my blood is true drink. <sup>56</sup>Whoever feeds on my flesh and drinks my blood abides in me, and I in him. <sup>57</sup>As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. <sup>58</sup>This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever." <sup>59</sup>Jesus said these things in the synagogue, as he taught at Capernaum... cont.



## I: BELIEVE IN JESUS

1. Now that we have taught through all of John 6, use the verses in chapter 6 to define what *Bread of Life* means and *eat my flesh and drink my blood* means.
2. We are saved by grace through faith in the finished work of Jesus Christ. It is the great pillar of the gospel that we should have on our hearts and be ready to share. Ask a couple people in the group to articulate the heart of the gospel in no more than three sentences.

## II: PERSEVERE WITH JESUS

1. It is hard for us to understand how offensive Jesus' statements in this passage were to the original hearers. Read Leviticus 17:13-14 and discuss how unfathomable that His words must have been.
2. What do you do when you come across a passage of Scripture that offends you and challenges your sensibilities? Do you pretend it doesn't exist? Does it shipwreck your faith? Do you immerse yourself in the Word and give yourself to prayer? Do you seek godly council? Or a blend of any of those?
3. What are the *hard sayings* in Scripture that you find/have found difficult?
4. What must we do when we come to *hard sayings* (literally *hard to tolerate*) in the Bible?

## III: PRAISE JESUS

1. Read John 6:37; 6:44; and 6:63-65.
2. If you, together with Peter confess, "[Lord, to whom shall we go? You have the words of eternal life, <sup>69</sup>and we have believed, and have come to know, that you are the Holy One of God.](#)" it is reason to praise because this chapter of Scripture shows us that it is impossible for anyone to come to Christ unless the Father gives the grace to do so. Discuss how such a miracle of grace informs response?
3. If time permits: Brainstorm together, using Scripture as you are able, what our missions and prayer should look like in light of God's Divine initiative? Use 1 Corinthians 9:19-23 as one of your guiding texts.

## CONCLUSION

The original hearers couldn't understand why Jesus wouldn't multiply more bread and fish, couldn't understand why He wouldn't perform more signs, and they couldn't understand why He would tell them to eat His flesh and drink His blood. What they didn't realize was that, far from being harsh and offensive, His words and actions towards them were far more wonderful than they knew. They were words of eternal life. Trust that the same is true in your life.



## SHARE & PRAY

- Praise God for the miracle of salvation and for the finished work of Jesus Christ.
- Pray for the things that are challenging your faith and pray for persevering strength from Christ for one another.
- Conclude by spending some time praying for any other needs among you.



*Our church-wide Prayer Worship Gathering is taking place on Sunday, May 1st from 6-7 PM. There is age-appropriate prayer and song in children's areas. Consider making your Life Group night the Prayer Worship Gathering that week.*

